



Obstetrical and Gynecological Emergencies

- Prehospital care is usually supportive
- Three complications that require intervention:
 - Hypertensive disorders of pregnancy
 - Severe vaginal bleeding
 - Preterm labor



 Class: Hormone and uterine stimulant, Oxytocic, Uterotonic

MOA:

- Naturally occurring hormone that is secreted by the posterior pituitary
- Causes contraction of uterine smooth muscle and lactation
- Induces labor in selected cases
- Induces uterine contractions following delivery
 - Thereby controlling postpartum hemorrhage
- Uterine vasoconstriction



• Indications:

Postpartum hemorrhage

• CI:

- Only administered to patients suffering severe postpartum bleeding
- Verify the baby and placenta have been delivered and that there is not an additional fetus in the uterus
- Excess oxytocin can cause over-stimulation of the uterus and possible uterine rupture.
- Vital signs and uterine tone should be monitored



- Side Effects:
 - In the mother:
 - Hypotension
 - Dysrhythmias
 - Tachycardia
 - Seizures
 - Coma
 - Nausea and vomiting
 - May have ADH effects at higher doses
 - Water retention
 - Vasoconstriction

- If given prior to delivery,
 in the fetus:
 - Fetal hypoxia
 - Fetal asphyxia
 - Fetal arrhythmias
 - Fetal intracranial bleeding



Dosage:

- Two different regimens in the management of postpartum hemorrhage
- Method 1:
 - 3-10 units IM after delivery of the placenta
- Method 2:
 - 30 units in 1000 mL of any solution @ 250 ml/hr
 - Titrated to the severity of the bleeding and the uterine response





Class: ergot alkaloid, oxytocic, uterine stimulant

MOA:

 Exerts stimulation of the smooth muscles of the uterus (and other smooth muscles)

Indications:

Postpartum hemorrhage



Ergonovine (Ergometrine)

- Cl:
 - Hypersensitivity
 - Toxemia
 - HTN
- Side Effects:
 - CNS: headache, dizziness, vertigo, hallucinations.
 - CV: palpitations, dyspnea, transient chest pain, bradycardia
 - hypertension may occur following parenteral administration and is generally due to an undiluted or too rapid I.V. administration
 - GI: N/V, diarrhea, abdominal pain
 - Others: Diaphoresis, thrombophlebitis, hematuria, water intoxication



Ergonovine (Ergometrine)

- Dosage:
 - 200 μg IM, IV (slow IVP)
 - Blood pressure and uterine contractions should be carefully monitored following IV administration



Class:

- Electrolyte
- Anticonvulsant (toxemias)
- Antiarrhythmic (torsades, TCA OD)
- Uterine Relaxant

MOA:

- Reduces striated muscle contractions and blocks peripheral neuromuscular transmission by reducing Ach release
- Used as prophylactic prevention of eclamptic seizures



Indications:

- Seizure due to Eclampsia
- Torsades de Pointes
- Hypomagnesemia
- Refractory Vfib (not NS)
- Status Asthmaticus (not NS)

Contraindications:

- Heart block
- Myocardial damage



Adverse Reaction:

- Diaphoresis
- Facial flushing
- Hypotension
- Depressed reflexes
- Hypothermia
- Bradycardias
- Circulatory collapse
- Respiratory depression
- Diarrhea



- Supplied:
 - 20% solution

- Dosage:
 - Bolus:

Torsades: 1 gm IV at 1 g/min

• Toxemia: 4 gm IV at 1 g/min

- Infusion:
 - 2 g in 100 cc NaCL (0.9%) at 50 ml/hr (1 g/hour)





Class: Sympathetic agonist and tocolytic

MOA:

- A synthetic sympathomimetic that is selective for β2-adrenergic receptors
- Causes immediate bronchodilation with minimal cardiac effects
- Stimulation of β_2 -adrenergic receptors in the uterus causes uterine relaxation and can suppress labor





- Indications:
 - Preterm labor
- CI:
 - Hypersensitivity
- Precautions:
 - Caution should be used with:
 - Elderly patients
 - Cardiovascular disease
 - Hypertension
 - V/S must be monitored



Terbutaline

• Side Effects:

- Palpitations
- Anxiety
- Dizziness
- Headache
- Nervousness
- Tremor
- Hypertension
- Dysrhythmias
- Chest pain
- Nausea and vomiting





Dosage:

- Initial dose should be 0.25 mg SC
- Can be repeated in 30-60 minutes
- Maintenance drip can be used
 - Placing 5 mg in 500 mL of lactated Ringer's solution or normal saline
 - 30 mL/hr (5 mg/min)
 - Can be slowly increased to a maximum dose of 80 mg/min